

Sleep Position Waiver Statement

Safe Sleep Practices

Sudden Infant death Syndrome (SIDS) is the sudden and unexplained death of an infant under one year of age. Doctors don't know what causes SIDS, but they have found some things that make babies safer. The American Academy of Pediatrics and the National Institute of Child Health and Human Development state that one of the most important things that can help reduce the risk of SIDS is to put healthy babies on their backs to sleep. State regulations require child care centers, family child care, and in-home aides to place all infants to sleep on their back. A few babies have health or medical conditions that might require them to sleep in an alternative position. At the advice of the infant's physician, the child care program may be authorized to use an alternative sleep position for the infant due to health or medical conditions. If an infant is to be placed in the crib in any other positions than on their back, this form must be completed by the child's physician and signed by the parent.

To be completed by the infant's Parents or Guardian

Name of Infant		Date of Birth (mm/dd/yy)
Name of primary care physician		
Name of Practice		
Address		
Phone	Fax (Optional)	Email
Signature of Parent/Caretaker (authorizing this instruction)		Date (mm/dd/yy)

To be completed by the infant's Parents or Guardian

The above named infant has the following health or medical conditions that necessitates an alternative sleep position			
Describe the appropriate sleep position for the above named infant			
Additional Instructions			
Signature of Physician			Date
The above instruction is effective	from (date)		To (date)